



Holy Trinity School



# Food Zone

September Menu 2018				
Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<p><b>No School</b></p> <p>Labor Day</p>	<p>Pierogies or Hamburger Broccoli Choice of Fruit Choice of Milk</p>	<p>Nachos w/ Taco Meat &amp; Cheese Or Popcorn Chicken Corn Choice of Fruit Choice of Milk</p>	<p>Bacon Cheeseburger Or Hot Dog on Bun Green Beans Choice of Fruit Choice of Milk</p>	<p>Thin Crust Pizza Or Chicken Patty Romaine Salad Choice of Fruit Choice of Milk</p>
10	11	12	13	14
<p>Pancakes w/ Ham Or Chicken Nuggets Hashbrowns Choice of Fruit Choice of Milk</p>	<p>Chicken Snack Wrap or Hamburger Carrot Sticks Choice of Fruit Choice of Milk</p>	<p>Macaroni &amp; Cheese Or Popcorn Chicken Peas Choice of Fruit Choice of Milk</p>	<p>Hard or Soft Shell Beef Tacos Or Hot Dog on Bun Corn Choice of Fruit Choice of Milk</p>	<p>Pepperoni Pizza Or Chicken Patty Romaine Salad Choice of Fruit Choice of Milk</p>
17	18	19	20	21
<p>French Toast Sticks w/Bacon Or Chicken Nuggets Carrots Choice of Fruit Choice of Milk</p>	<p>Grilled Cheese w/ Tomato Soup or Hamburger Broccoli Choice of Fruit Choice of Milk</p>	<p>Turkey Club Sub Or Popcorn Chicken French Fries Choice of Fruit Choice of Milk</p>	<p>Pasta &amp; Meatballs Or Hot Dog on Bun Peas Choice of Fruit Choice of Milk</p>	<p><b>Lucky Tray Day</b> Cheese Pizza Or Chicken Patty Romaine Salad Choice of Fruit Choice of Milk</p>
24	25	26	27	28
<p>Waffles w/ Sausage Links Or Chicken Nuggets Tater Tots Choice of Fruit Choice of Milk</p>	<p>Sweet &amp; Sour Chicken or Hamburger Rice Choice of Fruit Choice of Milk</p>	<p>Pulled Pork Sandwich Or Popcorn Chicken Peas Choice of Fruit Choice of Milk</p>	<p>Bosco Cheese Sticks Or Hot Dog on Bun Carrots Choice of Fruit Choice of Milk</p>	<p>Thin Crust Pizza Or Chicken Patty Romaine Salad Choice of Fruit Choice of Milk</p>

\*\*Menu subject to change.

**Weekly Vegetable Subgroups May Include:** Dark green (spinach, broccoli, romaine, spring salad) red/orange (carrots, sweet potatoes, tomatoes, red peppers, beans/peas (Legumes) and starchy (white potatoes, corn, peas, lima beans) Other vegetables will include celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage, green peppers.

**Daily Fruit Selections May Include:** Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon Applesauce, Pineapples, and Mandarin Oranges.