



HOLY TRINITY



Food Zone

Lunch May 2018

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Macaroni & Cheese Or Hamburger Corn Choice of Fruit Choice of Milk	2 Corn Dog Or Popcorn Chicken Carrot Sticks Choice of Fruit Choice of Milk	3 Grilled Cheese w/ Tomato Soup or Vegetable Soup (based on availability) or Hot Dog Peas Choice of Fruit Choice of Milk	4 Thin Crust Pizza Or Chicken Patty Romaine Salad Choice of Fruit Choice of Milk
7 French Toast Sticks w/ Bacon Or Chicken Nuggets Hash Browns Choice of Fruit Choice of Milk	8 Chicken w/Gravy & Buttered Noodles Or Hamburger Sweet Potatoes Choice of Fruit Choice of Milk	9 Turkey, Bacon & Cheese Wrap Sandwich Or Buffalo Popcorn Chicken Celery Sticks Choice of Fruit	10 Chicken Quesadillas Or Hot Dog Black Beans Choice of Fruit Choice of Milk	11 Pepperoni Pizza Or Chicken Patty Romaine Salad Choice of Fruit Choice of Milk
14 Pancakes w/Sausage Links Or Chicken Nuggets Au Gratin Potatoes Choice of Fruit Choice of Milk	15 Chicken/Bean Burrito w/ Rice Or Hamburger Broccoli Choice of Fruit Choice of Milk	16 Hard or Soft Shell Beef Tacos Or Popcorn Chicken Peas Choice of Fruit Choice of Milk	17 Bosco Cheese Sticks w/Marinara Sauce Or Hot Dog Green Beans Choice of Fruit Choice of Milk	18 LUCKY TRAY DAY Cheese Pizza Or Chicken Patty Romaine Salad Choice of Fruit Choice of Milk
21 Waffles w/ Ham Or Chicken Nuggets Cooked Carrots Choice of Fruit Choice of Milk	22 Turkey & Gravy w/ Stuffing or Mashed Potatoes Or Hamburger Corn & Cranberry Sauce Choice of Fruit Choice of Milk	23 Ham & Cheese Hoagie Or Buffalo Popcorn Chicken Peas Choice of Fruit Choice of Milk	24 Pasta w/ Meatballs Or Hot Dog on Bun Green Beans Choice of Fruit Choice of Milk	25 ½ Day – NO lunches Served
28 Memorial Day No School	29 Pancakes w/ Sausage Links Or Hamburger Tater Tots Choice of Fruit Choice of Milk	30 Walking Taco Or Popcorn Chicken Peas Choice of Fruit Choice of Milk	31 Chicken Noodle Soup or Vegetable Soup (based on availability) w/Breadstick Or Hot Dog on Bun Broccoli Choice of Fruit Choice of Milk	

Menu Subject to Change

Please discuss any food allergy issues concerning your child with the school office.



WHAT MAKES A MEAL? You must choose at least 3 of 5 components available for the school lunch price.
Meat or meat alternate, choice of vegetable, choice of fruit, grain/bread and choice of milk. (1%White Fat Free, Chocolate, Fat Free White) A minimum of ½ cup serving of fruit or a minimum of a ½ cup vegetable **MUST** accompany a reimbursable lunch!

Weekly Vegetable Subgroups May Include: Dark green (spinach, broccoli, romaine, spring salad) red/orange (carrots, sweet potatoes, tomatoes, red peppers, beans/peas (Legumes) and starchy (white potatoes, corn, peas, lima beans) Other vegetables will include celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage, green peppers.

Daily Fruit Selections May Include: Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon Applesauce, Pineapples, and Mandarin Oranges.

