

Dear Parent/Guardian,

Due to the generosity of the Athletic Association, Holy Trinity School is able to offer the baseline ImPACT testing again this year. The ImPACT (Immediate Post Concussion Assessment and Cognitive Testing) is a computerized exam utilized in many professional, collegiate, and high school sports programs across the country to successfully diagnose and manage concussions. If an athlete is believed to have suffered a head injury during competition, ImPACT is used to help determine the severity of head injury and when the injury has fully healed. This program will assist your physician in evaluating and treating head injuries (e.g., concussion).

The computerized exam is given to athletes before beginning sport practice or competition. This non-invasive test is set up in “video-game” type format and takes about 20 - 30 minutes to complete. It is simple, and actually many athletes enjoy the challenge of taking the test. Essentially, the ImPACT test is a preseason physical of the brain. It tracks information such as memory, reaction time, speed, and concentration. It is not an IQ test.

If a concussion is suspected, the athlete will be required to re-take the test. Both the preseason and post-injury test data can be provided to you to help in the evaluation of the injury. The information gathered can be shared with your family doctor or other medical providers. The test data will enable these health professionals to determine when return-to-play is appropriate and safe for the injured athlete. If an injury of this nature occurs to your child, you will be promptly contacted with all the details.

I wish to stress that the ImPACT testing procedures are non-invasive, and they pose no risks to your student-athlete. We are excited to implement this program given that it provides us the best available information for managing concussions and preventing potential brain damage that can occur with multiple concussions. The HTS administration, coaching, and volunteers are striving to keep your child's health and safety at the forefront of the student athletic experience. Please return the attached page with the appropriate signatures. If you have any further questions regarding this program please feel free to contact Ronnie at [rmic2@yahoo.com](mailto:rmic2@yahoo.com) or Amy at [dagall@comcast.net](mailto:dagall@comcast.net).

The ImPACT test is designed for children ages 10 and above. Therefore it will only be offered to the students in grades 4 thru 8. It is also recommended to retest young children every two years. Therefore if you have been tested over two years ago, you should be retest.

# Consent Form

For use of the Pre-Season Baseline Testing and Post-Concussion Assessment and Cognitive Testing (ImPACT)

I have read the attached information. I understand its contents. I have been given an opportunity to ask questions and all questions have been answered to my satisfaction. I agree to participate in the ImPACT Concussion Management Program.

*Please check below:*

I agree to Baseline Testing of my student athlete.

Name of Athlete \_\_\_\_\_

Sport \_\_\_\_\_

Grade \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_

Signature of Parent \_\_\_\_\_

If you have any questions please feel free to contact:

Ronnie Michnowicz      rmic2@yahoo.com

Amy Gallagher      dagall@comcast.net